

د. علي بن ماضي جمعان المجول  
أستاذ مشارك واستشاري التغذية العلاجية  
المشرف العام على الإدارة العامة لشؤون البعثات  
وزارة التعليم

### البكالوريوس

التغذية الإكلينيكية

قسم علوم صحة المجتمع، كلية العلوم الطبية التطبيقية،  
جامعة الملك سعود، الرياض، المملكة العربية السعودية.

التقدير: ممتاز مع مرتبة الشرف

يونيو 2002

### الماجستير

تغذية إكلينيكية

كلية التغذية والحمية

جامعة مكجيل، مونتريال، كندا

نوفمبر 2005

### الدكتوراة

كلية العلوم الطبية

جامعة ولونجونج، ولونجونج، استراليا

عنوان الرسالة: "الحمية والسمنة في المملكة العربية السعودية: نحو قواعد إرشادية للممارسات الإكلينيكية  
المعتمدة على البراهين العلمية"

فبراير 2010

## التاريخ الوظيفي

- المشرف العام على الإدارة العامة لشؤون البعثات في وزارة التعليم (أبريل 2018 – حتى الآن)
- مدير إدارة متابعة المبتعثين في وزارة التعليم (يوليو 2017-مارس 2018)
- مستشار، وكالة وزارة التعليم لشؤون البعثات (فبراير 2017- يونيو 2017)
- وكيل كلية العلوم الطبية التطبيقية للتطوير والجودة (أكتوبر 2016 – أكتوبر 2017)  
جامعة الملك سعود، الرياض، المملكة العربية السعودية
- وكيل كلية العلوم الطبية التطبيقية للشؤون الأكاديمية (يناير 2014 – أكتوبر 2016)  
جامعة الملك سعود، الرياض، المملكة العربية السعودية
- رئيس قسم علوم صحة المجتمع ( 2012 – 2014)  
قسم علوم صحة المجتمع، كلية العلوم الطبية التطبيقية،  
جامعة الملك سعود، الرياض، المملكة العربية السعودية
- أستاذ مشارك (2015 – حتى الآن)  
قسم علوم صحة المجتمع، كلية العلوم الطبية التطبيقية،  
جامعة الملك سعود، الرياض، المملكة العربية السعودية
- استشاري التغذية العلاجية (منذ 2014 رقم التسجيل المهني: 14-R-A-0004479)  
قسم علوم صحة المجتمع، كلية العلوم الطبية التطبيقية،  
جامعة الملك سعود، الرياض، المملكة العربية السعودية

- أستاذ مساعد (2010 – 2015)  
قسم علوم صحة المجتمع، كلية العلوم الطبية التطبيقية،  
جامعة الملك سعود، الرياض، المملكة العربية السعودية
- معيد، تخصص تغذية إكلينيكية (2002-2009)  
قسم علوم صحة المجتمع، كلية العلوم الطبية التطبيقية،  
جامعة الملك سعود، الرياض، المملكة العربية السعودية.

### بعض المجالس واللجان (أكثر من 40 لجنة في النسخة الإنجليزية)

(آخر تحديث يوليو 2018)

1. عضو المجلس العلمي في جامعة الملك سعود – ممثل كلية العلوم الطبية التطبيقية (2016 - حتى الآن)
1. عضو مجلس كلية العلوم الطبية التطبيقية – جامعة الملك سعود (2012 – حتى الآن)
2. عضو المجلس العلمي لتخصصات العلوم الطبية التطبيقية – الهيئة السعودية للتخصصات الصحية (2015-2017)
3. رئيس اللجنة العلمية للتغذية العلاجية – الهيئة السعودية للتخصصات الصحية (2017 – حتى الآن)
4. عضو لجنة معادلة الشهادات الطبية والصحية – وزارة التعليم العالي (2013 – حتى الآن)
5. عضو لجنة التعيينات – قسم علوم صحة المجتمع، جامعة الملك سعود (2016 – حتى الآن)
6. عضو لجنة التثقيف الغذائي والدوائي – هيئة الغذاء والدواء
7. عضو اللجنة الطبية في الإتحاد السعودي لكرة القدم
8. عضو اللجنة الدائمة لصرف الحوافز لموظفي اللائحة الصحية – المدينة الطبية الجامعية – جامعة الملك سعود
9. عضو اللجنة الإستشارية للكليات الصحية (الخطط الدراسية) – وكالة الجامعة للشؤون التعليمية والأكاديمية، جامعة الملك سعود
10. مقرر لجنة التعيينات – كلية العلوم الطبية التطبيقية، جامعة الملك سعود
11. مقرر لجنة تأديب الطلاب - كلية العلوم الطبية التطبيقية، جامعة الملك سعود

12. عضو لجنة استحداث برنامج الدكتوراة في الفلسفة في العلوم الطبية التطبيقية - كلية العلوم الطبية التطبيقية، جامعة الملك سعود
13. مقرر لجنة الإختبارات - كلية العلوم الطبية - جامعة الملك سعود
14. عضو مجلس قسم علوم صحة المجتمع - جامعة الملك سعود
15. مقرر لجنة التعيينات - قسم علوم صحة المجتمع، جامعة الملك سعود
16. مقرر لجنة الخطط والبرامج - قسم علوم صحة المجتمع، جامعة الملك سعود
17. عضو لجنة الجودة - قسم علوم صحة المجتمع، جامعة الملك سعود
18. مشرف مشروع اعداد برنامج الدكتوراة في التغذية الإكلينيكية، قسم علوم صحة المجتمع، جامعة الملك سعود
19. مؤسس ورئيس النادي السعودي في ولونوجونج - أستراليا
20. مؤسس ورئيس جمعية الطلاب السعوديين - جامعة ولونوجونج - أستراليا

### النشر العلمي:

أكثر من 90 بحثا علميا في المجلات العلمية المحكمة (القائمة في النسخة الإنجليزية)

ISI Journals

**NAME:** **Ali Madi Almajwal**  
**General Director of the General Directorate for Scholarship Affairs,**  
**Ministry of Education**  
Associate Professor of Nutrition  
Consultant of Clinical Nutrition (Registration No. 14-R-A-0004479)  
College of Applied Medical Sciences  
King Saud University

**ACADEMIC QUALIFICATIONS:****Bachelor of Science – Clinical Nutrition**

College of Applied Medical Sciences

King Saud University, Saudi Arabia

June 2002

Grade: "**Excellent**" with honour**Master of Science – Nutrition and Dietetics**

School of Dietetics and Human Nutrition

McGill University, Canada

November 2005

**Doctor of Philosophy – Nutrition and Dietetics**

Thesis title: Dietetic management of obesity in Saudi Arabia: towards evidence based clinical practice guidelines.

School of Health Sciences

University of Wollongong, Australia

February 2010

**WORK EXPERIENCE**

**Since April 2018**      **General Director of the General Directorate for scholarship affairs**  
Ministry of Education.

**July 2017 – March 2018**      **Director of Scholarship Affaires Monitoring Department**  
Ministry of Education

**Feb. 2017 – June 2017**      **Consultant, Scholarship Affairs**  
Ministry of Education

**Oct. 2016 – Oct. 2017**      **Vice-Dean for Development and Quality**  
College of Applied Medical Sciences  
King Saud University, Saudi Arabia

**January 2014 – Oct. 2016**      **Vice-Dean for Academic Affairs**  
College of Applied Medical Sciences  
King Saud University, Saudi Arabia

**May 2012 – April 2014**      **Chairman**  
Department of community health sciences  
College of Applied Medical Sciences  
King Saud University, Saudi Arabia

**Since 2015**      **Associate Professor**  
Department of community health sciences  
College of Applied Medical Sciences  
King Saud University, Saudi Arabia

**2010-2015**      **Assistant Professor**  
Department of community health sciences  
College of Applied Medical Sciences  
King Saud University, Saudi Arabia

**2002-2009****Teaching Assistant**

Department of community health sciences

College of Applied Medical Sciences

King Saud University, Saudi Arabia

**One year dietetic internship in the following hospitals:**

- 09/03/2002 – 05/06/2002  
King Khalid University Hospital, Riyadh, Saudi Arabia
- 05/01/2002 – 06/03/2002  
Aloweegilah Hospital, Aloweegilah, Saudi Arabia.
- 06/10/2001 – 02/01/2002  
King Fahad National Guard Hospital, Riyadh, Saudi Arabia.
- 23/06/2001 – 19/09/2001  
Security Forces Hospital, Riyadh, Saudi Arabia

**Other training:**

- New faculty training program on teaching skills including Course Design, Effective Teaching, Student Assessment and Micro Teaching, Deanship of Skills Development, KSU, Feb-March 2011 (36 hours)
- Training in the area of Metabolic Disorders for two months at King Faisal Specialist Hospital and Research Center, 2003
- Summer training at Saudi Aramco Hospital, Medical Nutrition services Unit, 2002
- Summer training at Saudi Aramco Hospital, Medical Nutrition services Unit, 1999.

**COURSES TOUGHT:**

CHS 431 Enteral and Parenteral Nutrition

CHS 343 Clinical Nutrition for Chronic Diseases

CHS 268 Clinical Nutrition for Physiological Stress and Acute Diseases

CHS 369 Practicum in Clinical Nutrition – 1

CHS 453 Practicum in Clinical Nutrition - 2

CHS 214 Principles of Nutrition

CHS 266 Nutrients Calculations

CHS 345 Community Nutrition

CHS 269 Nutrition Epidemiology

CHS 455 Independent Study

FNS 467 Food habits & Social Beliefs

CHS 525 Nutritional Care of obesity, Diabetes, Liver, Renal and Cardiovascular Diseases

### RESEARCH INTERESTS:

- Energy expenditure assessment particularly modelling of resting energy expenditure data
- Obesity and diet
- Evidence based medicine particularly the adaptation and development of evidence based clinical practice guidelines
- Hospital based studies in the areas of obesity, diabetes mellitus, renal diseases, liver diseases and cardiovascular diseases

### COMPOTITIVE GRANTS:

1. 2012. National Plan for Sciences and Technologies, King Abdulaziz City for Sciences and Technologies. **Ali Almajwal (Principle Investigator)**, Abdulaziz Alothman, Asim Alfadda. Development of new predictive equations for estimating energy requirements in Saudi People. Project Number: 11 – MED 1966 – 02 (Total Budget SR 1,107,450)
2. 2012. National Plan for Sciences and Technologies, King Abdulaziz City for Sciences and Technologies. **Ali Almajwal (Principle Investigator)**, Hao Feng, Juan Andrade, Taha Rababah. Novel food fortification to combat vitamin D deficiency in Saudi Arabia. Project Number: 12-NAN 2576-02 (Total Budget: SR 1,394,400)
3. 2013. King Saud University, Deanship of Scientific Research. **Ali Almajwal (Head Research Group)**, Abdulaziz Alothman. Nutrition Research Group: RGP-VPP-193 (total budget: SR 150,000)
4. 2014. King Saud University, Deanship of Scientific Research. Ali Almajwal (Head Research Group), Mahmoud Abulmeaty, Mohammed Farouq. Nutrition Research Group: RGP-VPP-193 (total budget: SR 150,000)



5. 2015. King Saud University, Deanship of Scientific Research. Ali Almajwal (Head Research Group), Mahmoud Abulmeaty, Mohammed Farouq. Nutrition Research Group: RGP-VPP-193 (total budget: SR 150,000)

**PROFESSTIONAL ACTIVITIES:**

1. Member, Scientific Council in King Saud University (September 2016 – Present)
2. Member, Medical and Health Certificate Equivalency Committee, Ministry of Higher Education (2013-Present)
3. Member, Scientific Council of Applied Medical Specialties, Saudi Commission for Health Specialties (a representative of Ministry of Education) (2015-Present)
4. Member, Scientific committee of Clinical Nutrition, Saudi Commission for Health Specialties (2015-Present)
5. Member, Nutrition and Drug Education committee, Saudi Food and Drug Authority (2015-2016)
6. Member, Medical committee, Saudi Arabian Football Federation (2014-Present)
7. Member, Permanent committee for granting bonuses and incentives to employees on health regulation, Medical City in KSU (2014-Present)
8. **Chair**, College recruitment committee, College of Applied Medical Sciences, KSU (2015-Present).
9. **Chair**, Department recruitment committee, Department of Community Health Sciences, College of Applied Medical Sciences, KSU (2014-Present).
10. **Chair**, Demonstrators and lecturers committee, College of Applied Medical Sciences, KSU (2014-2015).
11. **Chair**, Curriculum and Programs Committee, Department of Community Health Sciences, College of Applied Medical Sciences, KSU (2010, 2011, 2014-Present).
12. **Chair**, Students Disciplinary Committee, College of Applied Medical Sciences, KSU (2014- present)
13. **Member**, Consultant committee for curriculums and programs in Health Colleges, Vice-Rectorship for Education and academic affairs, KSU (2014- Present)
14. **Academic Consultant**, Al-Ghad International Colleges for Health Sciences, Riyadh (2015-present)

15. **Member**, Committee for the development of Doctoral programs in Applied Medical Sciences, College of Applied Medical Sciences, KSU (2015-Present).
16. **Supervisor**, project for the development of Doctoral program in Community Health, Department of Community Health Sciences, College of Applied Medical Sciences, KSU (2015-Present).
17. **Chair**, Examinations committee, College of Applied Medical Sciences, KSU (2014-Present).
18. **Chair**, Academic Affairs unit, College of Applied Medical Sciences, KSU (2013-2015).
19. **Member**, Clinics Services Committee, College of Applied Medical Sciences, KSU (2013-Present).
20. **Chair**, Clinical Nutrition Clinic Committee, College of Applied Medical Sciences, KSU (2013-Present).
21. **Member**, Students Disciplinary Committee, College of Applied Medical Sciences, KSU (2013- 2014)
22. **Member**, Follow up and quality experts committee, Vice-Rectorship for quality and development, KSU (2012- Present)
23. **Chair**, Committee for selecting criteria of the Internal Supervisor in the External Joint Supervision Program for Female Demonstrators and Lecturers College of Applied Medical Sciences, KSU (2012)
24. **Member**, Scientific committee, 3<sup>rd</sup> Scientific Meeting Program (Clinical Nutritional management of Critical Illness in Intensive Care Unit), General Directorate of Nutrition, Ministry of Health, Riyadh, 2011-2012
25. **Member**, Scientific committee for the approval of the Saudi Food Based Dietary Guidelines, General Directorate of Nutrition, Ministry of Health, Riyadh, 2011-2012
26. **Chair**, Students activities, College of Applied Medical Sciences, KSU (2011-2012)
27. **Program Coordinator**, Clinical Nutrition Program, Department of Community Health Sciences, College of Applied Medical Sciences, KSU (2011- 2012)
28. **Member**, Committee for interviewing candidates for admission in the Health Colleges, KSU (2011. 2012, 2013)

29. **Member**, Committee for interviewing candidates for admission in the M.S. Clinical Nutrition Program at the Department of Community Health Sciences, College of Applied Medical Sciences, KSU (2011)
30. **Member**, academic advising unit, College of Applied Medical Sciences, Department of Community Health Sciences, College of Applied Medical Sciences, KSU (2011 – 2012)
31. **Member**, academic accreditation committee, Department of Community Health Sciences, College of Applied Medical Sciences, KSU (2011- 2012)
32. **Member**, Council department, Department of Community Health Sciences, College of Applied Medical Sciences, KSU (2010 – Present)
33. **Chair**, Academic Advising Committee, Department of Community Health Sciences, College of Applied Medical Sciences, KSU (2010 – 2012)
34. **Member**, college committee for attracting (Estiktab) distinguished students in King Abdullah Program for employment in KSU (2010, 2013-Present)
35. **Academic Advisor**, Department of Community Health Sciences, College of Applied Medical Sciences, KSU (2010 - Present)
36. **Member**, college demonstrators and lecturers committee, College of Applied Medical Sciences, KSU (2010 – 2014).
37. **Member**, quality and development committee, department of community health sciences, College of Applied medical Sciences, KSU (2010-2011).
38. **Member**, Self-Study committee – for the preparation of the department Self Study Report, Department of Community Health Sciences, College of Applied Medical Sciences, KSU (2010-2011)
39. **Member**, College Self Study committee – for the preparation of college Self Study Report, College of Applied Medical Sciences, KSU (2010-2011).
40. **Founder and President**, Saudi Students Association at University of Wollongong, Wollongong, Australia (2006-2007)
41. **Founder and President**, Saudi Students Club, Wollongong, Australia (2007)

**MEMBER OF EDITORIAL BOARD IN THE FOLLOWING JOURNALS:**

- Current Research in Nutrition and Food Science (2013 - Present)

**REVIEWERS FOR THE FOLLOWING JOURNALS:**

- Obesity Research and Clinical Practice (ISI Journal)
- Journal of the American Oil Chemists' Society (ISI Journal)
- Nutrition & Dietetics (ISI Journal)
- Annals of Saudi Medicine (ISI Journal)
- International Journal of Food Prosperities (ISI Journal)
- Nutrition (ISI Journal)
- African Journal of Biotechnology (ISI Journal)

**PUBLISHED PAPERS:**

1. **Ali Almajwal and** Mahmoud Abulmeaty. Development of new prediction equations for the assessment of energy expenditure for Saudi people (Submitted 2018)
2. **Ali Almajwal**, Mahmoud Abulmeaty, Mohamed ElSadek, Suhail Razak, Mohamed Berika . Metabolic effects of testosterone hormone therapy in normal and orchietomized male rats: From indirect calorimetry to lipolytic enzymes (Submitted 2018)
3. **Ali Almajwal**, Abdul Rahman Almuneef, Mahmoud Abulmeaty, ,Iftikhar Alam, Bader Al Bader, Mohamed Farouq badr, May Almuammar, Suhail Razak. Malnutrition is common in the Cerebral Palsy Children in Saudi Arabia – A Cross-Sectional Clinical Study (Submitted 2018).
4. Iftikhar Alam, **Ali Almajwal**, Falak Zeb, Graham Pawelec. Energy Metabolism And Allocation In Selfish Immune System And Brain; A Beneficial Role Of Insulin Resistance in Aging. (Submitted 2018).
5. **Ali Almajwal**, Abdul Rahman Almuneef, Iftikhar Alam. Dietetics Practices for Nutritional Management of Children with Cerebral Palsy: Limitations and Barriers – A Cross-sectional Study in Saudi Arabia among the Practicing Dieticians. (Submitted 2018).

6. **Ali Almajwal**, Saeed Yahya AL-zahrani, Mahmoud Abulmeaty, Iftikhar Alam, Suhail Razak, Aayed Alqahtani. Development of Food Frequency Questionnaire (FFQ) for the Assessment of Dietary Intake among Overweight and Obese Saudi Young Children (Submitted 2018).
7. Suhail Razak, Iftikhar Alam, Tayyaba Afsar, Mahmoud Abulmeaty, **Ali Almajwal**, Sarwat Jahan. A Prospective Evaluation of serum Vitamin D (1, 25(OH)<sub>2</sub> D<sub>3</sub>) and Endogenous Sex Hormone Levels in Colorectal Cancer patients (Submitted 2018)
8. Tayyaba Afsar, Suhail Razak, **Ali Almajwal**, Muhammad Rashid Khan. Evaluation of nephro-protective and curative potential of Acacia hydaspica R. Parker ethyl-acetate extract against cisplatin induced renal injury and oxidative stress in rats (Accepted 2018)
9. Tayyaba Afsar, Suhail Razak, **Ali Almajwal**, Detoxifying influence of Acacia hydaspica R. Parker against Doxorubicin induced hepatic oxidative damage, disturbed liver function and histological alteration (Submitted 2018).
10. Humaira Rehman, Tayyaba Afsar,; Suhail Razak, ; **Ali Almajwal**, Muhammad Rashid Khan. Evaluating the Protective potency of Acacia hydaspica R. Parker on Histological and Biochemical changes Induced by Cisplatin in the cardiac tissue of Rats (Submitted 2018).
11. Humaria Tayyaba Afsar, Suhail Razak, **Ali Almajwal**, Sarwat Jahan. Protective role of Vitamin C loaded Chitosan Nanoparticles against Cisplatin induced Reproductive Toxicity in male Rats (Submitted 2018).
12. Maria Shabbir Tayyaba Afsar, Suhail Razak, **Ali Almajwal**, Muhammad Rashid Khan .Maytenus royleanus leaves extract ameliorates anti-tuberculosis drug induced DNA damage and hepatotoxicity in mice model (Submitted 2018).
13. Alu'datt, M.H., Gammoh, S., Rababah, T., Almomani, M., Alhamad, M.N., Ereifej, K., Almajwal, A., Tahat, A., Hussein, N.M. and Nasser, S.A., 2018. Preparation, characterization, nanostructures and bio functional analysis of sonicated protein co-precipitates from brewers' spent grain and soybean flour. *Food chemistry*, 240, pp.784-798.
14. Afsar, T., Razak, S., **Almajwal, A.**, & Khan, M. R. (2018). Acacia hydaspica R. Parker ameliorates cisplatin induced oxidative stress, DNA damage and morphological

- alterations in rat pulmonary tissue. *BMC complementary and alternative medicine*, 18(1), 49.
15. Jahan, S., Abid, A., Khalid, S., Afsar, T., Shaheen, G., **Almajwal, A.**, Razak, S. (2018). Therapeutic potentials of Quercetin in management of polycystic ovarian syndrome using Letrozole induced rat model: a histological and a biochemical study. *Journal of Ovarian Research*, 11(1), 26.
  16. Sana Gammoh, Muhammad H. Alu'datt, Mohammad N. Alhamad, Taha Rababah, Khalil Ereifej, Ali Almajwal, Zaid A. Ammari, Wesam Al Khateeb & Neveen M. Hussein. (2018). Characterization of phenolic compounds extracted from wheat protein fractions using high-performance liquid chromatography/liquid chromatography mass spectrometry in relation. *International Journal of Food Properties* 20 (10), 2383-2395
  17. Muhammad H. Alu'datt, Taha Rababah, Mohammad N. Alhamad, Abdul Latief A. Al-Ghzawi, Khalil Ereifej, Sana Gammoh, Ali Almajwal, Neveen M. Hussein, Mervat Raweshadeh (2017). Optimization, characterization and biological properties of phenolic compounds extracted from *Rosmarinus officinalis*. *Journal of Essential Oil Research* 29 (5), 375-384
  18. Alu'datt MH, Rababah T, Alhamad MN, Al-Mahasneh MA, Almajwal A, Gammoh S, Ereifej K, Johargy A, Alli I. (2017). A review of phenolic compounds in oil-bearing plants: Distribution, identification and occurrence of phenolic compounds. *Food chemistry* 218, 99-106
  19. Alu'datt, M.H., Rababah, T., Alhamad, M.N., Al-Rabadi, G.J., Tranchant, C.C., Almajwal, A., Kubow, S. and Alli, I., 2017. Occurrence, types, properties and interactions of phenolic compounds with other food constituents in oil-bearing plants. *Critical reviews in food science and nutrition*, pp.1-10.
  20. Afsar, T., Razak, S., & **Almajwal, A.**, Muhammad Rashid khan (2017). Acacia hydaspica ethyl acetate extract protects against cisplatin-induced DNA damage, oxidative stress and testicular injuries in adult male rats. *BMC cancer*, 17(1), 883.
  21. Alu'datt, Muhammad H., Taha Rababah, Mohammad N. Alhamad, Moh'D. Alodat, Majdi A. Al-Mahasneh, Sana Gammoh, Khalil Ereifej, Ali Almajwal, and Stan Kubow. Molecular characterization and bio-functional property determination using SDS-PAGE

- and RP-HPLC of protein fractions from two *Nigella* species. *Food chemistry* 230 (2017): 125-134.
22. Afsar, T., Razak, S, **Ali almajwal** and Muhammad Rashid khan (2017). Modulatory influence of *Acacia hydaspica* R. Parker ethyl acetate extract against cisplatin induced hepatic injury and dyslipidemia in rats. *BMC complementary and alternative medicine*, 17(1), 307.
23. Afsar, T., Razak, S., Khan, M. R., & **Almajwal, A.** (2017). Anti-depressant and anxiolytic potential of *Acacia hydaspica* R. Parker aerial parts extract: Modulation of brain antioxidant enzyme status. *BMC complementary and alternative medicine*, 17(1), 228.
24. Ullah, A., Jahan, S., Razak, S., Pirzada, M., Ullah, H., **Almajwal, A.**, Afsar, T. (2017). Protective effects of GABA against metabolic and reproductive disturbances in letrozole induced polycystic ovarian syndrome in rats. *Journal of ovarian research*, 10(1), 62
25. Afsar, T., Jahan, S., Razak, S., **Almajwal, A.**, Abulmeaty, M., Wazir, H., & Majeed, A. (2017). Obestatin Modulates Ghrelin's Effects on the Basal and Stimulated Testosterone Secretion by the Testis of Rat: an In Vitro Study. *Physiological research*, 66(1), 93.
26. Abulmeaty MMA, **Almajwal AM**, Almadani N, Aldosari M, Alnajim AA, Hassan HM, Ali SB, Elkatawy HA. Anthropometric and central obesity indices as predictors of long-term cardiometabolic risk among Saudi young men and women. *Saudi Med J* 2017; 38 (4): 372-380.
27. Jiang, S., Ding, J., Andrade, J., Rababah, T. M., **Almajwal, A.**, Abulmeaty, M. M., & Feng, H. (2017). Modifying the physicochemical properties of pea protein by pH-shifting and ultrasound combined treatments. *Ultrasonics sonochemistry*, 38, 835-842.
28. Taha M. Rababah, Muhammad Al-U'datt, Majdi Al-Mahasneh, Mohammad Obaidat, Ali Almajwal, Aladdin Odeh, Susan Brewer, Wade Yang (2016). Effect of tehina processing and storage in the physical-chemical quality. *Int J Agric & Biol Eng.* 9(5): 218–226.
29. Muhammad H. Alu'datt, Taha Rababah, Mohammad N. Alhamad, Sana Gammoh, Khalil Ereifej, Ayman Johargy, Stan Kubow, Ali M. Almajwal & Mervat Rawashdeh (2016). Optimization of Phenolic Content, Antioxidant, and Inhibitory Activities of  $\alpha$ -Glucosidase and Angiotensin Converting (AC) Enzymes from *Zingiber officinale* Z. *International journal of food properties* 19 (6), 1303-1316

30. Jahan, S., Munir, F., Razak, S., Mehboob, A., Ain, Q. U., Ullah, H., **Almajwal, A.** (2016). Ameliorative effects of rutin against metabolic, biochemical and hormonal disturbances in polycystic ovary syndrome in rats. *Journal of ovarian research*, 9(1), 86
31. Afsar, T., Razak, S., Khan, M. R., Mawash, S., **Almajwal, A.**, Shabir, M., & Haq, I. U. (2016). Evaluation of antioxidant, anti-hemolytic and anticancer activity of various solvent extracts of *Acacia Hydaspica* R. Parker aerial parts. *BMC complementary and alternative medicine*, 16(1), 258.
32. **Ali Almajwal**. Stress, Shift Duty and Eating Behavior among Nurses in Riyadh, Saudi Arabia. *Saudi Med J* 2016;37(2): 191-198
33. Abulmeaty, M. M. A., **Almajwal, A. M.**, Alsaif, M. A., Hassan, H. M. Z., & Almansour, S. K. (2016). Impedancemetry vs. anthropometry in the prediction of body adiposity and obesity diagnosis. *Progress in nutrition*, 18(1), 39-46.
34. ElSadek MF, **Almajwal AM**, Abulmeaty MMA. Antioxidant effects of ginger, cinnamon and combination on Streptozotocin-induced hyperglycemia associated oxidative stress in rats. *Progress in Nutrition* 2016; 18(4): 421-428
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58. Sarah Peck, **Ali Almajwal**, Peter Williams, Jafar El-Qudah Evaluation of nutritional adequacy of popular fad diets in Saudi Arabia. *New Egypt J Med.* 2011, 45 (6): 398-513
59. **Almajwal A**, Williams P, Batterham M, Abdulaziz Alothman. Evidence Based Clinical Practice Guidelines for the Nutritional management of Obesity in Saudi Arabia. (*completed and ready for publication as a book*)
60. **Almajwal A**, Williams P, Batterham M. Validity of the BodyGem™ calorimeter and prediction equations for the assessment of REE in overweight and obese Saudi male. *Saudi Med J* 2011; 32(7):718-724
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64. **Almajwal A**, Williams P, Batterham M. Current dietetic practices of obesity management in Saudi Arabia and comparison with Australian practices and best practice criteria. *Nutr Diet.* 2009;66:94-100
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**Conference papers**

66. Mahmoud M.A. Abulmeaty, **Ali M. Almajwal**, Ahmed S. BaHamam, Mona S. Aldosari BODY COMPOSITION, RESTING METABOLIC RATE, AND RESPIRATORY QUOTIENT IN PATIENTS WITH NARCOLEPSY VS BMI-MATCHED CONTROLS. Accepted in 40<sup>th</sup> ESPEN congress, Madrid, Spain
67. **Almajwal AM**, Abulmeaty MMA, Elsadek MF, Aldisi D, Alquraishii M, Razak S, AlmadaniNK, Hassan HM. ASSOCIATION OF THE DIETARY AND LIFESTYLE FACTORS WITH THE LONG-TERM CARDIOVASCULAR RISK IN THE URBAN SAUDI POPULATION DURING EARLY ADULTHOOD. *Clinical Nutrition*, 2017; 36 (Supplement 1): S223-S224. (IF=4.487)
68. Mansour S, Abulmeaty M, **Almajwal A**, ElSadek M, Razak S. Energy homeostasis in a hypovitaminosis D-hypoirisinemic rat model. *Acta Physiol*, 2017; 221(S713): 135. (IF=4.867) <http://onlinelibrary.wiley.com/doi/10.1111/apha.12940/epdf>
69. Abulmeaty MMA, **Almajwal AM**, Almadani N, Aldosari M. Comparison of anthropometric indices for predicting the long-term cardiometabolic risk in Saudi females with overweightness or obesity. The best poster prize, women health symposium 2017.
70. Abulmeaty MMA, Almajwal AM, Hassan HM. Fat mass index and visceral fat area are better predictors of body adiposity and obesity diagnosis. *J Obes Weight Loss Ther* 2014, 4:5.
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72. Almajwal AM, Abulmeaty M, Andrade J. Efficacy of a Novel Food Fortification System to Combat Vitamin D Deficiency in rats. *FASEB J* 2016; 30 (1):lb267.
73. Abulmeaty MMA, Almajwal AM, Ali SB, Almadani N, Aldosari M, Hassan HM, Alnajim A. Prediction of long-term cardiovascular risk by central obesity indices among fertile women. *Clinical Nutrition*, 2016; 35(1): S229.
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76. Almajwal AM, Abulmeaty MMA, Elsadek MF, Aldisi D, Alquraishii M, Razak S, AlmadaniNK, Hassan HM. Association of the dietary and lifestyle factors with the long-term cardiovascular risk in the urban saudi population during early adulthood. *clinical nutrition*, 2017; 36 (Supplement 1): S223-S224.
77. Mansour S, Abulmeaty M, Almajwal A, ElSadek M, Razak S. Energy homeostasis in a hypovitaminosis D-hypoirisinemic rat model. *Acta Physiol*, 2017; 221(S713): 135. (IF=4.867) <http://onlinelibrary.wiley.com/doi/10.1111/apha.12940/epdf>
78. Abulmeaty MMA, Almajwal AM, Almadani N, Aldosari M. Comparison of anthropometric indices for predicting the long-term cardiometabolic risk in Saudi females with overweightness or obesity. The best poster prize, women health symposium 2017.
79. M. M. A. Abulmeaty, A. M. **Almajwal**, A. S. BaHammam, M. S. Aldosari. Body composition, resting metabolic rate, and respiratory quotient in patients with narcolepsy vs bmi-matched controls. Submitted to the ESPEN congress 2018 Madrid September 1-4, 2018
80. **Almajwal A**, Al-Baghli N, Batterham M, Williams P, Al-Turki K, Al-Ghamdi A. Accuracy of BMI in defining obesity and metabolic risk factors in the Eastern province of Saudi Arabia (June 2012). The 4<sup>th</sup> Parenteral and Enteral Nutrition Society of Malaysia Congress, Penang, Malaysia, P55
81. **Almajwal A**, Williams P, Batterham M. Validity of the BodyGem<sup>TM</sup> calorimeter and prediction equations for the assessment of REE in overweight and obese Saudi male (June 2012). The 4<sup>th</sup> Parenteral and Enteral Nutrition Society of Malaysia Congress, Penang, Malaysia, P54.
82. **Ali Almajwal**, Peter Williams, Marijka Batterham and Abdulaziz Alothman (January 2011). Evidence Based Clinical Practice Guidelines for the Nutritional Management of Obesity in Saudi Arabia. *1<sup>st</sup> Jeddah Nutrition and obesity conference*, Saudi Society of Family and Community Medicine (SSFCM). Jeddah, Saudi Arabia
83. **Ali Almajwal**, Peter Williams, Marijka Batterham and Abdulaziz Alothman (January 2011). Nutritional Management of Obesity in Saudi Arabia: Putting Evidence-Based

- Guidelines into Practice. *1<sup>st</sup> Jeddah Nutrition and obesity conference*, Saudi Society of Family and Community Medicine (SSFCM). Jeddah, Saudi Arabia
84. Aludatt, Muhammad H., Khalil Ereifej, Abdulaziz M. Alothman, **Ali Almajwal**, Hana Alkhalidy, Abdel Rahman Al-Tawaha, and Inteaz Alli. "Variations of physical and chemical properties and mineral and vitamin composition of camel milk from eight locations in Jordan." *Journal of Food, Agriculture & Environment* 8, no. 3&4 (2010): 16-20.
85. **Almajwal, A.M.**, Al-Baghli, N.A., Batterham, M.J., Williams, P.G., Al-Turki, K.A. and Al-Ghamdi, A.J., 2009. Performance of body mass index in predicting diabetes and hypertension in the Eastern Province of Saudi Arabia. *Annals of Saudi medicine*, 29(6), p.437.
86. **Almajwal A**, Williams P, Batterham M (2008). Current dietetics practices of dietitians in Saudi Arabia and comparison with Australian practices and best practice criteria. 26<sup>th</sup> National Conference of the Dietitians Association of Australia, DAA, Gold Coast. *Nutr Diet* 65 (Suppl 2): A26
87. **Almajwal, A.**, Williams, P. and Batterham, M., 2009. Current dietetic practices of obesity management in Saudi Arabia and comparison with Australian practices and best practice criteria. *Nutrition & Dietetics*, 66(2), pp.94-100.
88. **Almajwal A**, Williams P, Batterham M (2008). Planning for the development of evidence based guidelines for the nutritional management of obesity in Saudi Arabia. 26<sup>th</sup> National Conference of the Dietitians Association of Australia, DAA, Gold Coast. *Nutr Diet* 65 (Suppl 2): A26
89. **Ali Almajwal**, Peter Williams, Marijka Batterham, Abdulaziz Alothman. Workshop on the development of evidence based guidelines for the nutritional management of obesity in Saudi Arabia. Proceedings of SiiC08 - *The 2<sup>nd</sup> Saudi International Innovation Conference*, Leeds, UK, 2008
90. **Ali Almajwal**, Peter Williams, Marijka Batterham, Abdulaziz Alothman. Development of evidence-based clinical guidelines for the nutritional management of obesity in Saudi Arabia- Project methodology and update. Proceedings of SiiC08 - *The 2<sup>nd</sup> Saudi International Innovation Conference*, Leeds, UK, 2008

91. **Almajwal A**, Williams P, Batterham M (2008). Development of evidence based clinical guidelines for the nutritional management of obesity in Saudi Arabia – Project methodology and update. *4<sup>th</sup> Saudi Annual Evidence Based Medicine Conference*, King Fahad Medical City and the National and Gulf Centre for Evidence Based Medicine, April, Riyadh, p25.

**Participation in conferences, symposiums and workshops:**

1. Workshop on Using Evidence to Inform Education Policy in Saudi Arabia. Harvard Kennedy School, Cambridge, MA. March 5-8, 2018
2. Symposium on Education Policy Research for Saudi Arabia. Harvard Kennedy School, Cambridge, MA. 9 March 2018
3. Successful completion of the Agent of Change Workshop, Institute of International Education. 23-25 January 2018 (Riyadh, Saudi Arabia)
4. Advanced Course in Dietary Assessment Methods (3 days, 20 hours), Nutrition content endorsed by British Dietetic Association, University of Aberdeen. 23 – 25 May 2017
5. Participation in the PENSMA Congress, Penang, Malaysia (2 Posters). 14-16 June 2012
6. Workshop on "Current topics in curriculum development", the 1<sup>st</sup> conference of applied medical sciences colleges, King Saud Univesiry. 6 March 2012
7. Session Chairman, 3<sup>rd</sup> Scientific Meeting Program (Clinical Nutritional management of Critical Illness in Intensive Care Unit), General Directorate of Nutrition, Ministry of Health, Riyadh. 2012
8. Invited speaker, 12<sup>th</sup> conference "obesity and lifestyle". Organized by the Female Centre for Scientific and Medical Colleges, King Saud University. 20 November 2011
9. Successfully completion of the live LLL ESPEN courses title “Nutritional Support in ICU patients” (3 CME), 2-5 September 2011, Gothenburg, Sweden
10. Successfully completion of the live LLL ESPEN courses title “Nutritional Support in the elderly patients” (3 CME), 2-5 September 2011, Gothenburg, Sweden

11. Successfully completion of the live LLL ESPEN courses title “Nutritional Support in liver and pancreatic diseases” (3 CME), 2-5 September 2011, Gothenburg, Sweden
12. Successfully completion of the live LLL ESPEN courses title “Nutritional Support in diabetes and dyslipidemia” (3 CME), 2-5 September 2011, Gothenburg, Sweden
13. Successfully completion of the live LLL ESPEN courses title “Approach to oral and enteral nutrition” (3 CME), 2-5 September 2011, Gothenburg, Sweden
14. Successfully completion of the live LLL ESPEN courses title “Nutritional Assessment and techniques” (3 CME), 2-5 September 2011, Gothenburg, Sweden
15. Successfully completion of the live LLL ESPEN courses title “Home parenteral nutrition in adult patients” (3 CME), 2-5 September 2011, Gothenburg, Sweden
16. Attendance of the 33<sup>rd</sup> ESPEN congress – Nutrition in transition. 3-6 September 2011, Gothenburg, Sweden
17. Conference on "The science and business of weight management for the new and experienced practitioners". 21-23 July 2011, Philadelphia, USA
18. Participation on a Saudi Shura Council workshop organized by the Health and Environment committee in Shura Council to discuss the Saudi Food Law, March 2011.
19. Workshop on "Governance of research in health specialties", Vice Rectorship for health specialties, KSU, 21 Feb 2011
20. Workshop on the use of smart classroom, e-Learning and Distance Learning Unit, College of Applied Medical Sciences, KSU, 28 Feb 2011
21. Workshop on the design of electronic course, Deanship of e-Learning and Distance Learning, KSU, 8-9 March 2011
22. Workshop on "KSU academic programs and their achievements of the requirements of the beneficiaries", Vice Rectorship for educational and academic affairs, KSU, 2-3 Nov 2010



23. Workshop on the analysis of the strategic plan of the Deanship of the e-Learning & Distance Learning, Vice-Rectorship for quality and development, KSU, 15 June 2010
24. Invited Speaker and session chairman, 1<sup>st</sup> Jeddah Nutrition and obesity conference, Saudi Society of Family and Community Medicine (SSFCM). Jeddah, Saudi Arabia, 9-11 January 2011 (30 CME CREDITS HOURS by Saudi Council for Health Specialists)
25. Session Chairman, 1<sup>st</sup> Saudi Dietetic Association symposium- Nutrition management for critically ill patients, Riyadh, Saudi Arabia, 2010 (5 CME CREDITS HOURS by Saudi Council for Health Specialists)
26. Workshop on the establishing Food Based Dietary Guidelines in the GCC countries, Shangri-La's Barr Al Jissah – Muscat, Oman, 2009
27. Speaker, 4th Saudi Annual Evidence Based Medicine Conference and Workshops, Riyadh, Saudi Arabia, 2008
28. Facilitators of five workshops at different of hospitals in Saudi Arabia about the development of consensus statements to be included in obesity evidence based guidelines, 2008
29. Preparation of a workshop about the development of evidence based guidelines for the nutritional management of obesity in Saudi Arabia, King Faisal Specialist Hospital & Research Centre, Riyadh, Saudi Arabia, 2007
30. 24<sup>th</sup> National Conference of Dietitians Association of Australia, Sydney, Australia, 2006
31. 2<sup>nd</sup> International Symposium on Updates in Clinical and Community Nutrition at the Riyadh Armed Forces Hospital, Riyadh, Saudi Arabia, 2002 (14 CME CREDIT HOURS by The Saudi Council for Health Specialists).
32. Workshop on “Renal Nutrition” at Dhahran Health Center, Dhahran, Saudi Arabia, 2002 (3 CME CREDITS HOURS by Saudi Council for Health Specialists).
33. Session Chairman, Seminar and Exhibition of Child Nutrition at the College of Medicine and King Khalid University Hospital, Riyadh, Saudi Arabia, April 2002.

34. Invited speaker, Diabetes World Day, Diabetes Centre, King Abdulaziz University Hospital, 28-29 Oct 2002
35. Invited speaker, Diabetes World Day, Diabetes Centre, King Abdulaziz University Hospital, 10-11 Nov 2001